



# Learn the Basics of Wicketkeeping

In this video, you will learn the basics of wicket-keeping.

The wicketkeeper is the most involved and busy player and stands behind the batsman's wicket.

The three key steps are the position and stance, the footwork and the dismissals.

The keeper generally stands some distance away from the stumps for fast bowlers, to avoid bye runs.

For spinners, the keeper generally stands much closer, often measuring 2 steps from the stumps.

Position yourself slightly outside the off stump to see the ball clearly.

Make sure no part of your hands or body crosses the line of the stumps at the time of the delivery as this will lead to a no ball.

Bring your weight onto the balls of your feet placed shoulder's width apart.

Bend your knees and crouch down and with a straight back, opening your palms to face the bowler, with the fingers pointing down.

Focus your gaze on the ball and start to rise with it as soon as it pitches, moving slightly outside of its line.

Lead with your head towards the line of the delivery, watching the ball all the way into your gloves and catch it below eye level.

When the delivery is to the leg side, shift quickly past the line of the ball with your right foot anchored on leg stump.

If the batsman is out of their crease, shift your weight back onto your anchored foot and stump him by knocking the bails off.

If the ball is hit, be ready to catch the ball thrown by the fielder with the stumps in front of you so you don't block a direct hit.

Catch the ball with both hands and take the bails off to run out a batsman.

For more information, you can check out the video on 'how to execute a run out' Enjoy your game.

<https://www.sikana.tv/en/sport/cricket/wicketkeeping>