



Learn about Bike Hand Signals

In this video you will learn how use hand signals effectively.

The four key hand signals are: to turn left, to turn right, to stop and to signal a group of riders.

Check to be sure that the hand signals commonly used in your country are the same as the ones set out here When you want to turn left extend your left arm out, parallel to the ground, around 40 metres before the turn.

In countries that ride on the left hand side extend the right arm if you wish to turn right.

You can either extend all fingers or point with the index finger.

To turn right in right-driving countries bend the left elbow 90 degrees with the hand pointing upward and the palm facing forward.

To turn left, in left-driving countries, bend the right elbow 90 degrees with the hand pointing upward and the palm facing forward.

to notify any roadusers behind.

alternatively, You can also use the left hand to turn left but it is not always visible Never assume that the riders or drivers behind have noticed your hand signal.

It is advisable to look back whenever possible to turn safely.

Don't hesitate to repeat your signals and checks several times to make sure that they have been seen.

To slow down or stop, stretch the elbow out at 90 degrees with hand pointing downward and the palm facing backward.

It should always be the arm from the side on which vehicles overtake.

When you are riding in a group, you can raise your hand with the palm facing forward to communicate that there are several riders behind who intend to cross the road.

You should always let others know when you intend to turn, change lanes or stop.

Enjoy your ride .

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