



How to Make a Pattern for Churidar

In this video you will learn how to make a pattern for a Churidar.

The Churidar is a tight-fitting variant of Salwar Pants, worn by women and men.

It is often designed with extra length that gathers around the ankle.

We have used the measurements of a 4 to 5-year-old.

You can adapt these measurements based on your required fit.

To make a pattern, you will need: a Pattern Sheet a Ruler Markers in 3 different colours and a pair of Scissors

Remember that patterns are usually cut 'on fold' for symmetry.

Therefore, start by folding the pattern sheet in half so it forms a rectangle with two longer sides.

If you want to adapt these pants to your own measurements, you will need: The waist circumference The hip circumference The crotch depth The Crotch Length The outseam The Inseam.

Plot out the following points as illustrated.

The line AD represents the outseam.

Start by marking a point B, 2 inches along the fold from A, which is at the top corner.

AB = 2 inches AB marks the casing allowance along the waist.

Now, mark point C, 23 Inches from B, and point D, 1 inch from C.

BC = 23 inches BD = 24 inches

Mark point E, 7 inches from B, towards D.

BE = 7 inches

The knee is marked at point F, 8 inches from E, towards D.

EF = 8 inches

Next, plot out the points perpendicular to the folded edge that will join to form the inseam and crotch seam lines, as illustrated.

Place the ruler along the waistline and mark point H, 5.5 inches from B.

$BH = 5.5$ inches $AG = 5.5$ inches

You can now mark the crotch point at I, 8 inches from E.

$EI = 8$ inches

Mark the point J, 4.

5 inches from F.

And point K, 4 inches from Point C.

$FJ = 4.5$ inches $CK = 4$ inches

Now, mark point M, 4 inches from Point D.

$DM = 4$ inches

Connect the points by drawing the lines MD, KC, JF, IE and HB.

Next, trace the crotch line and the inseam.

Start by marking a point O, 4 inches from E in line with I.

Draw a line from G to O.

$EO = 5.5$ inches

Outline the crotch line arc from H to I.

Do the same from I to M for the inseam, passing through J and K.

We shall now draw a line where the leg of the Churidar starts to narrow down.

Along the folded edge, mark point N 3 inches from C and draw a perpendicular line from N to the inseam line.

You can now shade the allowances for the hem around the leg hole and for the casing at the waist.

Use a different colour for the hem allowance.

For the casing, use the same color as the outlines of the Churidar.

You can now mark the seam allowance along the inseam and crotch seam lines.

Using a third colour, mark a series of points half an inch away from the two dotted arcs.

Connect the points with parallel arcs.

$SEAM = 0.5$ inches

Shade the intermediate area between the two sets of arcs to demarcate the seam allowance.

Join the dotted line of the inner arc.

You can now start cutting the pattern along the outline.

Continue cutting along the seam allowance lines up to the waist.

Remove the extra bits of pattern sheet.

If you like, open out the the folded pattern and verify the dimensions and shape.

You have now learned to make the pattern for a Churidar.

Recap AB = 2 inches BC = 23 inches BD = 24 inches BE = 7 inches EF = 8 inches AG = 5.5 inches BH = 5.5 inches EI = 8 inches FJ = 4.5 inches CK = 4 inches DM = 4 inches EO = 5.5 inches SEAM = 0.5 inches

Watch the remaining videos and finish your garment !

<https://www.sikana.tv/en/diy/sewing/how-to-make-a-pattern-for-churidar>